



# BMCON PULSE

Vol . 5 Issue - 2

July - Dec 2025

KERALA UNIVERSITY OF  
HEALTH SCIENCES

# BEST TEACHER AWARD 2025



***PROF AGNET BEENA MANI***

COORDINATOR PG STUDIES BMCON

**HEARTFELT CONGRATULATIONS**

WE SALUTE YOUR COMMITMENT TO SHAPING FUTURE PROFESSIONALS

**BMCON**

**PULSE**



**JULY - DEC 2025**

## **BMCON PULSE**

**BABY MEMORIAL COLLEGE OF NURSING**

### **FROM PRINCIPAL'S DESK**

#### **What's inside**

- **International Conference**
- **Best Teacher Award 2025**
- **Award of PhD**
- **Keralapiravi celebrations**

#### **Department activities**

- **Child Health Nursing**
- **Medical Surgical Nursing**
- **Obstetric and Gynecological Nursing**
- **Mental Health Nursing**
- **Community Health Nursing**
- **NSS activities**
- **SNA activities**
- **College Union Activities**

The second half of the year 2025 from July to December has really been a wonderful period. Our students continued to make great achievements in all spheres including national level championship in scientific paper presentation. I take this opportunity to congratulate the winners, especially the team SNA ,the mentors and the guides.

In the faculty front, the second candidate from BMCON Research Centre acquired PhD from KUHS. Prof.Agnet Beena Mani, Coordinator PG studies, was honoured with the Best Teacher Award 2025 of the Kerala University of Health Sciences.

The Alumni association (ALABMCON) organized a highly rated International conference 'Expanding career pathways: Nursing and Beyond' which was marked with huge participation. I take this opportunity to thank and appreciate alumni association for their active involvement to support the current students in their career development.

In the hospital side, the Baby Memorial Hospital (BMH) is really making a rapid growth with BMH network expanding in a wonderful way which will transform BMH as one of the largest hospital chains in India offering quality health care in a highly affordable manner in the reputed BMH style. The growth of BMH brand is a proud moment for all of us.

With best wishes

**Prof.(Dr) Roy K George**

## INTERNATIONAL CONFERENCE ON “EXPANDING CAREER PATHWAYS: NURSING AND BEYOND”

The Baby Memorial College of Nursing, Kozhikode, in collaboration with the Alumni Association of BMCON, organized an International Conference on the theme “**Expanding Career Pathways: Nursing and Beyond**” on 10<sup>th</sup> December 2025. The conference served as a vibrant academic platform aimed at broadening the professional horizons of nursing students and faculty by highlighting the diverse and evolving career opportunities within the nursing profession. The programme was inaugurated by Dr. Pallavi Muraleedharan, an esteemed alumna of the institution, whose presence added special significance to the occasion.



The programme brought together an esteemed panel of speakers from national and international arenas who shared their valuable perspectives on the expanding scope of nursing across clinical practice, global health, public health management, research, education, civil services, and governmental sectors. The sessions were delivered by distinguished experts including Dr. Soffy Vilson, Dr. Rajesh Divakaran from the United Nations High Commissioner for Refugees, Brig.Kiron Jeet, Mr. Aarish M, Ms. Teresa Joseph, Dr. Pallavi Muraleedharan, Prof. (Dr.) Soya Kattill, Ms. Rita Sebastian from the University of West London, and Mr. Mathew Varghese from the All India Institute of Medical Sciences, New Delhi.

Through a series of thought-provoking deliberations and scholarly exchanges, the conference underscored the transformative role of nurses in shaping healthcare systems and responding to the dynamic demands of global health. The programme proved to be an intellectually stimulating and inspiring experience, encouraging participants to envision innovative career trajectories and reaffirming the pivotal contribution of nursing professionals to the advancement of healthcare and society at large.

## KUHS BEST TEACHER AWARD 2025

The Kerala University of Health Sciences has honored Prof. Agnet Beena Mani, Coordinator of PG Studies, BMCON, with the Best Teacher Award 2025. This prestigious recognition celebrates her dedication to academic excellence, innovative teaching, and commitment to nurturing future nursing professionals.



Her student-centered approach and inspiring mentorship have made a lasting impact on both learners and colleagues. The faculty of BMCON proudly congratulates her on this well-deserved achievement and applauds her continued contributions to the field of nursing education.

Beyond the classroom, her leadership in postgraduate studies and active involvement in academic development have significantly enhanced the standards of nursing education within the institution. Her passion for teaching and mentoring reflects a deep-rooted commitment to the noble profession of nursing.

## AWARD OF PhD FROM BMCON RESEARCH CENTREE



Professor Elizabeth Varkey was awarded PhD in Child Health Nursing from BMCON Research Centre, marking a significant academic milestone. She proudly stands as the second candidate to receive this prestigious recognition from the institution. Her achievement reflects years of dedicated research, perseverance, and commitment to advancing knowledge in her field. This accomplishment not only brings honor to herself but also adds to the growing academic excellence and research contributions of BMCON Research Centre.

## KERALA PIRAVI

On the occasion of Kerala Piravi, celebrated on November 1, various programmes and competitions were organized by Baby Memorial Hospital to commemorate the cultural heritage and formation of the state of Kerala. As part of the celebrations, a photography competition was conducted, showcasing the creativity and artistic talents of the participants. The Baby Memorial College of Nursing actively participated in the event and demonstrated exceptional photographic skills.



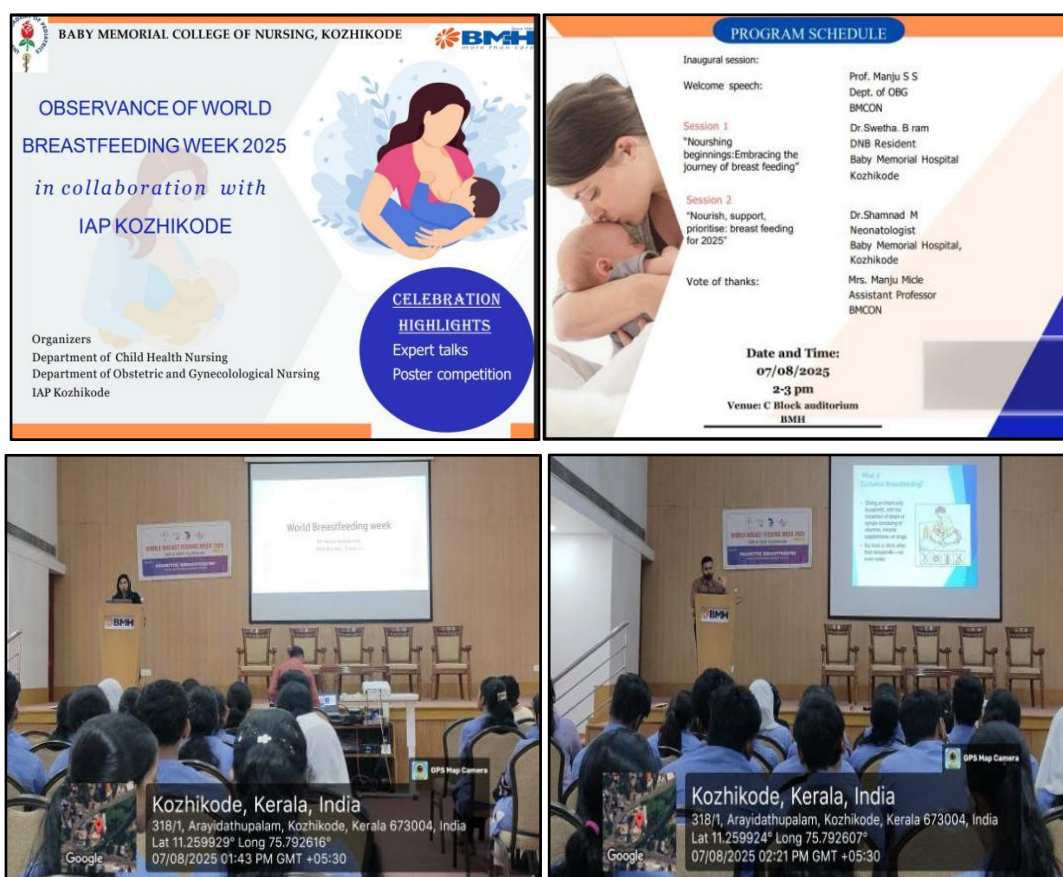
The College of Nursing emerged as the winners of the competition, bringing pride and recognition to the institution. The achievement highlighted the enthusiasm, creativity and cultural spirit and added special significance to the Kerala Piravi celebrations.

## DEPARTMENT ACTIVITIES

### DEPARTMENT OF CHILD HEALTH NURSING

#### 1. Observance of breast feeding week 2025

As part of the Breastfeeding Week celebrations, the Department of Child Health Nursing of Baby Memorial College of Nursing, in association with Indian Academy of Pediatrics Kozhikode, organized an expert talk for nursing officers and students on 7 August 2025 at the BMH auditorium.



The inaugural address was delivered by Dr. Shaji Thomas John, Chief of Clinical Support Service and Chief of Paediatrics and Neonatology, followed by felicitations by Dr. Raees and Dr. Abid. The first scientific session was led by Dr. Swetha B. Ram, DNB Resident, titled “*Nourishing Beginnings: Embracing the Journey of Breastfeeding,*” highlighting the foundations of successful breastfeeding.

The second session by Dr. Shamnad M, Consultant Neonatologist, focused on “*Support, Prioritise: Breastfeeding for 2025,*” emphasizing collaborative care and future goals. The programme served as a meaningful platform for professional enrichment, reinforcing the shared commitment to maternal and neonatal wellbeing.

## 2. Observance of world newborn care week 2025

In observance of World Newborn Care Week 2025, the Department of Child Health Nursing at Baby Memorial College of Nursing, in association with IAP Kozhikode and NNF Kozhikode, organized a poster competition for PG, UG, and Post Basic B.Sc. Nursing students.



The theme, “*Healthy Beginning, Hopeful Future,*” inspired participants to creatively present key concepts of newborn care. The posters were evaluated based on creativity, originality, clarity, and visual impact. Cash prizes were awarded along with certificates of appreciation.

The competition proved to be a meaningful academic activity that enhanced awareness, encouraged student participation, and reinforced the importance of evidence-based newborn care practices, contributing positively to the learning environment.

## DEPARTMENT OF MEDICAL SURGICAL NURSING

### **1. Observance of world heart day 2025**

#### **a. Cardiac Health Exhibition**

In a vibrant celebration of World Heart Day, the spirit of service and learning came alive as students of Baby Memorial College of Nursing transformed knowledge into community action. The sixth semester B.Sc. Nursing students hosted an engaging cardiac health exhibition at Anappara Family Health Centre, spreading powerful messages on prevention, early detection, and healthy living.



Through interactive displays, demonstrations, and awareness sessions, the young nurses inspired the public to take charge of their heart health, turning the event into a lively platform of education and empowerment. The program stood as a proud reflection of the college's commitment to nurturing compassionate professionals dedicated to building a healthier society.

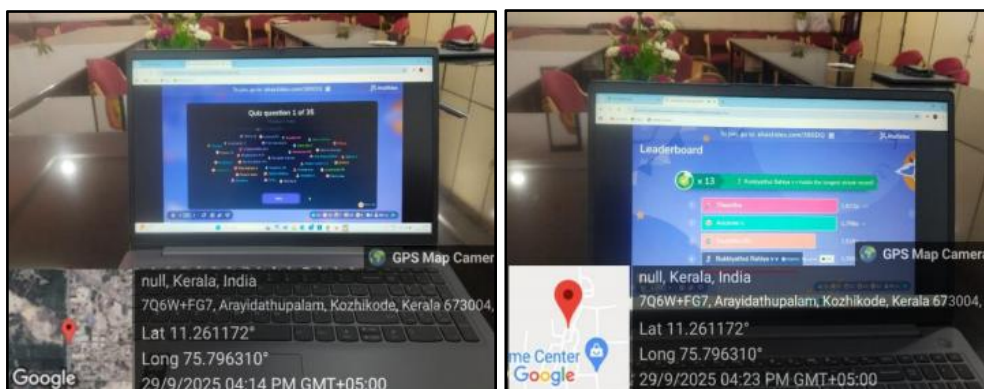
#### **b. Bullet Run**

The energetic “Bullet Run,” organized by Baby Memorial Hospital on 29 September 2025, added momentum to the World Heart Day celebrations, uniting participants in a spirited drive to promote fitness, awareness and the importance of an active lifestyle for a healthy heart.



### C. Quiz competition

A lively Heart Day Quiz Competition was conducted on 29 September 2025 for the students of Baby Memorial College of Nursing, creating an atmosphere of enthusiasm and healthy academic rivalry. The participants demonstrated exceptional knowledge and confidence. Certificates of appreciation were awarded to the winners in recognition of their outstanding performance, celebrating both their achievement and their commitment to learning.



## 2. World diabetes day 2025

### Food plate competition

The Departments of Medical Surgical Nursing and Community Health Nursing, in collaboration with the NSS unit of Baby Memorial College of Nursing, organized a series of academic and community-oriented programmes based on the theme “*Diabetes and Well-being*” in observance of world diabetes day 2025. The initiative focused on promoting healthy lifestyles, early identification of diabetes, and prevention of complications among students and the public.



A highlight of the observance was the food plate competition “Plate Perfect,” conducted on 15 November 2025 to encourage students to design and display diabetes-friendly meals. The winning display was later showcased during a health exhibition at the Family Health Center Anappara, attended by community beneficiaries.

## DEPARTMENT OF OBSTETRICS AND GYNECOLOGICAL NURSING

### 1. Observance of breast feeding week 2025

Marking Breastfeeding Week with creativity and purpose, Baby Memorial College of Nursing, in association with Indian Academy of Pediatrics Kozhikode, organized a vibrant poster competition for nursing students on the theme *“Invest in Breastfeeding, Invest in the Future.”*



Students enthusiastically participated in the cartoon drawing event, transforming awareness into art. The winners were awarded cash prizes of ₹1500, ₹1000, and ₹500 for first, second, and third place respectively, along with certificates of appreciation, celebrating both talent and advocacy.

### 2. Menstrual hygiene awareness programme

On August 26, 2025, the Department of Obstetrics and Gynecology of Baby Memorial College of Nursing (BMCON), organized a special awareness programme on menstrual hygiene and menstrual cup usage.

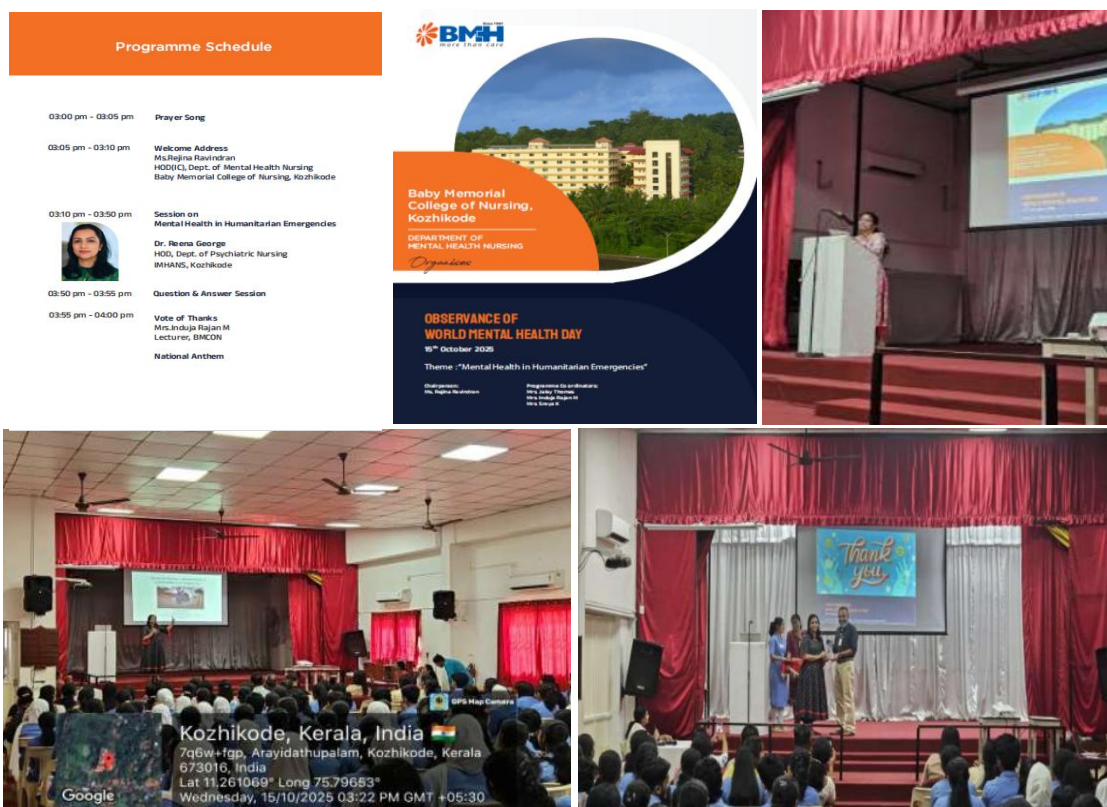


The session, led by Ms. Noureen from Femisafe, highlighted the benefits of menstrual cups, such as cost-effectiveness, eco-friendliness, and health safety. Free menstrual cups were distributed to 360 students, promoting sustainable menstrual hygiene management. A unique "menstrual cramp simulator" activity helped male students understand the challenges faced by women during menstruation, fostering empathy and awareness. The program encouraged open discussions on menstrual health and the adoption of eco-friendly practices.

## DEPARTMENT OF MENTAL HEALTH NURSING

### Observance of world mental health day 2025

The Department of Mental Health Nursing of Baby Memorial College of Nursing observed World Mental Health Day on 15 October 2025 with a meaningful programme based on the theme “*Mental Health in Humanitarian Emergencies.*” The event brought together around 200 BSc Nursing students and faculty members to reflect on the importance of psychological support during times of crisis.

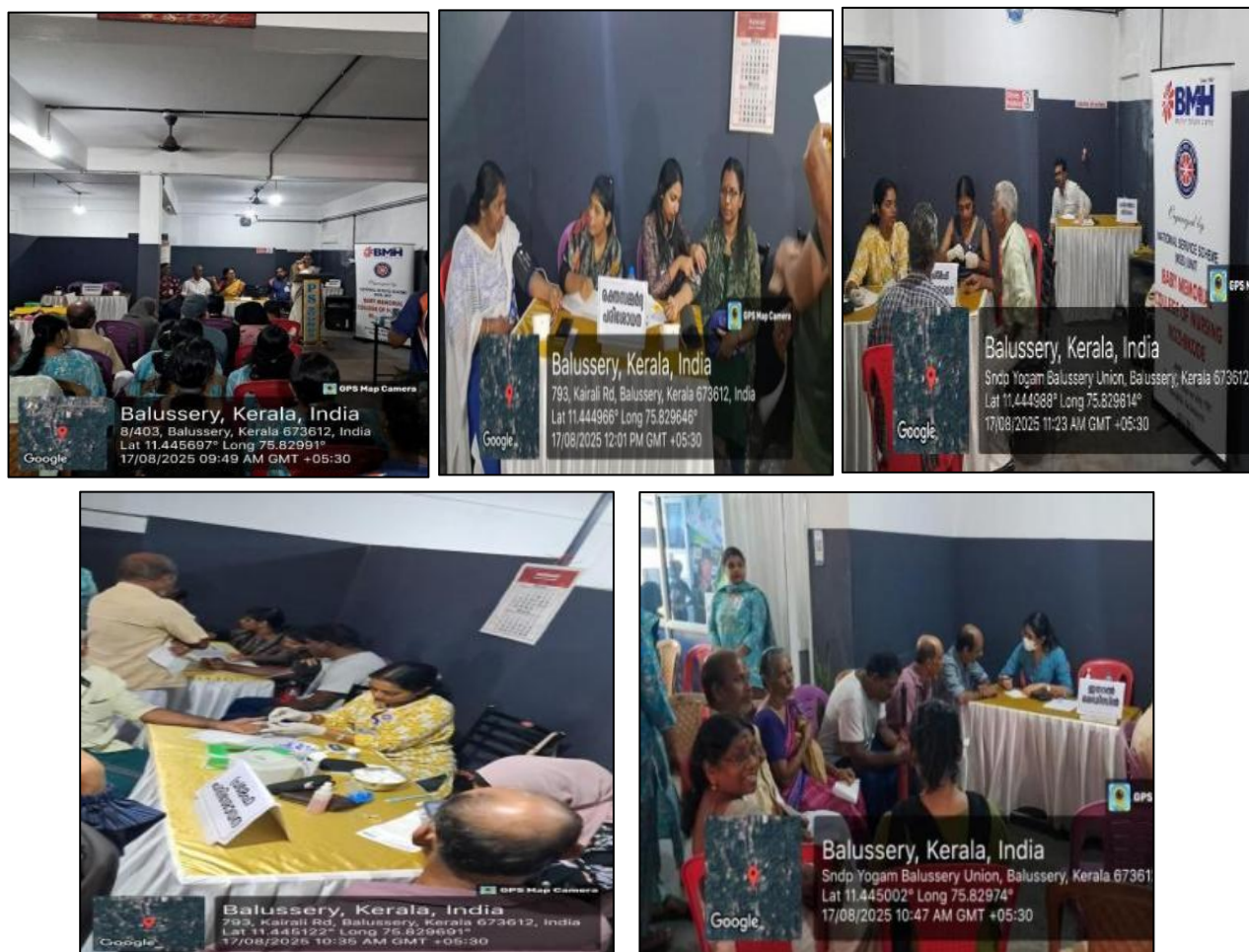


An engaging expert session was delivered by Dr. Reena George, Head of the Department of Psychiatric Nursing at IMHANS. The talk deepened participants' understanding of the psychological challenges faced during emergencies and emphasized the critical role of nurses in promoting resilience, empathy, and community support. The informative session concluded with a token of appreciation presented to the resource person by Prof. Dr. Roy K George, marking a fitting end to a thoughtful and inspiring observance.

## DEPARTMENT OF COMMUNITY HEALTH NURSING

### **1. Medical camp**

Bringing healthcare closer to the community, Community Health Nursing department of Baby Memorial College of Nursing (BMCON), Kozhikode, organized a medical camp on 17 August 2025 at Balussery in collaboration with Baby Memorial Hospital and Mazhavil Swayam Sahayaka Sangham. The camp offered specialist consultations, health screenings, an awareness exhibition, and exercise demonstrations, benefiting nearly 148 people.



The programme began with an introduction by Mr. Ajith N, President of Mazhavil Swayam Sahayaka Sangham and camp coordinator. The welcome address was delivered by Mr. Vijesh, Senior Civil Police Officer and Secretary of the Sangham. The camp was inaugurated by Ms. Roopalekha Kombilad, Panchayat President, Balussery. Felicitations were offered by Mr. U.K. Vijayan, Ward Member, and Prof. Bindu S, Head of the Department of Community Health Nursing, BMCON. The session concluded with a vote of thanks by Ms. Janaki, Member of Mazhavil Swayam Sahayaka Sangham.

## 2. Observance of world AIDS day

### Seminar on HIV/AIDS

Reinforcing its commitment to public health education, the Department of Community Health Nursing, in collaboration with the NSS Unit of Baby Memorial College of Nursing (BMCON), organized a seminar on HIV/AIDS on 28 November 2025 for NSS volunteers and students.



The session began with a welcome address by Prof. Bindu S, Head of the Department of Community Health Nursing. The resource person, Mr. Deepak Mohan P, ICTC Counsellor, Department of Microbiology, Government Medical College, Kozhikode, delivered an engaging talk on the current scenario of HIV/AIDS in Kerala, the basics of HIV infection, and key initiatives such as Jyothis, Usas, and Pulari. He also emphasized the year's theme, "Overcoming Disruption – Transforming the AIDS Response."

The seminar proved highly interactive and enlightening, sensitizing nearly 350 participants to the public health significance of HIV/AIDS.

## 3. School health programme

On 04 December 2025, the NSS Unit of Baby Memorial College of Nursing, Kozhikode, organized a school health programme at GVHSS, Cheruvannur. The initiative aimed at early detection and health promotion among school children.





Nearly 150 students were screened, and haemoglobin estimation was carried out. Among them, 30 students were identified with dental caries, 10 with nutritional deficiencies, and 4 with common cold symptoms. Screening for hypertension and diabetes mellitus was also conducted for school personnel. Health education sessions on dental hygiene, anemia, and general well-being were provided. The programme was conducted from 9.00 a.m. to 1.00 p.m., and referral services were arranged for students requiring further care.

## NSS ACTIVITIES

### **1. Honouring NSS volunteers**

On 23<sup>rd</sup> July 2025, the District Karuna Samarthan Yojana (KSSM) Kozhikode honored NSS volunteers of Baby Memorial College of Nursing for their active participation in various activities.



**BABY MEMORIAL COLLEGE OF NURSING**  
NSS UNIT

In collaboration with  
**KERALA SOCIAL SECURITY MISSION(KSSM)**

**"Honouring NSS volunteers & Awareness session on KSSM projects"**

**KERALA SOCIAL SECURITY MISSION**

**Dr. Soumya P C**  
Regional Director, KSSM,  
Kozhikode

**Mr. Muhammad Faisal**  
Program Co-ordinator,  
KSSM, Kozhikode

**DATE : 23/07/25**  
**TIME : 3 PM ~4 PM**  
**VENUE : AUDITORIUM, BMH ACADEMY**



Dr. Soumya P C, Regional Director of KSSM, inaugurated the event and distributed appreciation certificates. An awareness session on KSSM projects followed, conducted by Mr. Muhammed Faizal, Programme Coordinator of KSSM Kozhikode. The programme concluded with the National Anthem.

## 2. ORS awareness skit

Spreading awareness through creative expression, the NSS unit of Baby Memorial College of Nursing staged an informative skit on 4 August 2025 at Baby Memorial Hospital, Kozhikode, emphasizing the life-saving importance of Oral Rehydration Solution (ORS).



The presentation highlighted key aspects including the components of ORS, its preparation, proper usage, and essential precautions. Attractive charts were displayed to enhance understanding and capture attention. The programme actively engaged patients waiting for consultation, who appreciated the initiative and shared positive feedback on the awareness effort.

### 3. Dental screening camp at BMH Academy

On August 21, 2025, Baby Memorial College of Nursing and Sree Anjaneya Institute of Dental Sciences joined forces to organize a comprehensive dental screening camp at BMH Academy Auditorium. With 452 students benefiting from the initiative, the camp promoted oral health awareness, detected dental issues early, and empowered students to prioritize their smiles. A resounding success, the event left a lasting impact on the importance of oral hygiene in overall well-being.



### 4. Observance of world alzheimer's day 2025

The NSS unit of Baby Memorial College of Nursing actively participated in a walkathon organized on 21 September 2025 as part of World Alzheimer's Day by Tele-MANAS, IMHANS, and the ARDSI Kozhikode Chapter. The event aimed to raise public awareness about dementia and Alzheimer's disease and drew participation from multiple organizations committed to mental health advocacy.





The programme opened with awareness addresses by key representatives. Sheeba, Geriatric Consultant at IMHANS and President of ARDSI, along with Prof.(Dr.)Roy K George, Director of BMH Academics and Principal of the college, emphasized the importance of early recognition and community support in dementia care. The walkathon was inaugurated by Dhivakaran, Ward Councillor, Kozhikode Beach, and proceeded from Beach Road to Freedom Square. NSS volunteers carried placards conveying powerful messages on Alzheimer's awareness, engaging the public and reinforcing the day's theme. The programme concluded with words of appreciation and a vote of thanks delivered by Dr. Sheeba, marking a united call for compassion and awareness.

## 5. Observance of world NSS day 2025

In connection with World NSS Day 2025, the NSS unit of Baby Memorial College of Nursing organized a special outreach programme on 24 September 2025 at Shanthi Bhavan Neuro and Rehabilitation Centre. The visit aimed to share care and companionship with the residents through meaningful engagement and service.



NSS volunteers conducted recreational activities for the inmates and arranged lunch as part of the celebration. The interactive session, witnessed enthusiastic participation from both volunteers and residents, fostering joy, cooperation, and mutual encouragement. The programme reflected the true spirit of NSS by promoting compassion, social responsibility, and community bonding.

## 6. Papaya harvesting

NSS volunteers of Baby Memorial College of Nursing undertook a sustainability initiative by harvesting papayas from the campus vegetable garden. The activity highlighted the importance of environmental responsibility and collective effort in nurturing green practices within the institution. Through this simple yet meaningful action, the volunteers demonstrated teamwork, social commitment, and a growing awareness of sustainable living — reflecting the true spirit of service and care for the community and environment.



## 7. Cleaning drive - Swachhata Hi Seva

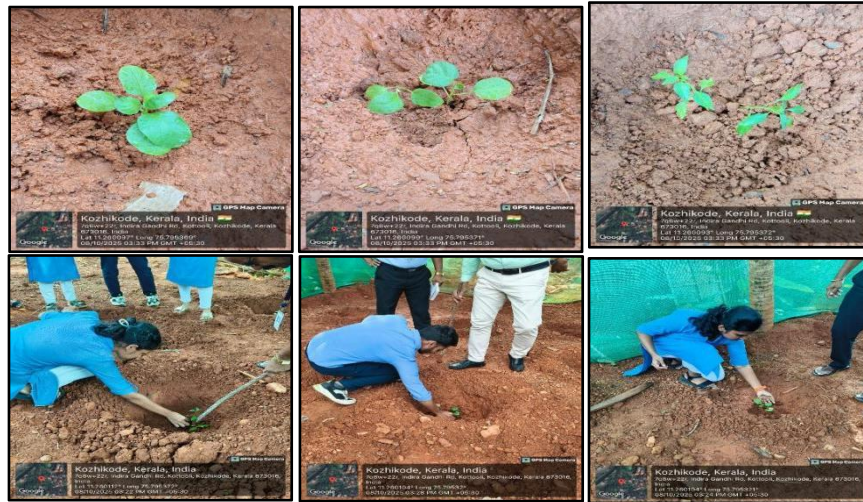
With a strong commitment to environmental responsibility, the NSS unit of Baby Memorial College of Nursing spearheaded a cleanliness drive on 03 October 2025 along the Canoli Canal stretch from the college campus to Arayidathupalam. Organized in collaboration with Ward 26, Parayancherry, Kozhikode Corporation, the initiative focused on plastic waste collection and road cleaning.



The dedicated NSS volunteers actively participated in the drive, which was successfully carried out with the support of the Health Inspector of Ward 26. The programme concluded with refreshments, celebrating a meaningful contribution towards a greener and cleaner society.

## 8. Vegetable gardening

Continuing its commitment to eco-friendly initiatives, the NSS Unit of Baby Memorial College of Nursing renovated the vegetable garden on 8 October 2025 by planting green chili and eggplant seedlings. This thoughtful effort enriched the garden's diversity, which now flourishes with a wider variety of vegetables—reflecting the volunteers' dedication to sustainability and environmental stewardship.



## 9. Pulse polio programme

Strengthening the mission of disease prevention, the NSS volunteers of Baby Memorial College of Nursing (BMCON) took part in the Pulse Polio Programme on 12 October 2025 at Kunnamangalam Bus Stand. The programme was organized by the Family Health Centre, Anappara.



The volunteers dedicated their service, contributing to the successful immunization of more than 150 children. Their active involvement reflected a strong commitment to community health and child welfare.

## 10. Observance of world unity day 2025

Commemorating National Unity Day, observed in honor of Sardar Vallabhbhai Patel, the NSS unit of Baby Memorial College of Nursing (BMCON) organized a pledge-taking ceremony on 31 October 2025 for nursing students.

The programme aimed to reinforce the values of unity, integrity, and national commitment among the participants, inspiring them to uphold the spirit of national integration in both profession and life.



## 11. World AIDS day 2025

### a) Awareness rally

Marking **World AIDS Day** on 01 December 2025, the District Medical Office, Kozhikode, organized an awareness rally and district-level programme to promote understanding and prevention of HIV/AIDS. The rally commenced from the Women and Children Hospital, Kottaparamba, and concluded at Town Hall, Kozhikode, followed by the official function.



The programme began with a welcome address by Dr. Bhavila L, District Education and Media

Officer, Kozhikode. Dr. Mohana Priya, Assistant District Collector, Kozhikode, inaugurated the event, and Dr. Rajesh V P, Additional DMO, Kozhikode, graced the occasion as Chief Guest. Felicitations were delivered by various district health officials. An informative awareness session was led by Dr. Rajaram, DMO, who highlighted key aspects of HIV/AIDS prevention and control. NSS volunteers of Baby Memorial College of Nursing actively participated in the rally, carrying impactful placards with meaningful slogans and messages. The programme reflected a united commitment towards awareness and prevention.

### **b) Health talk**

As part of the World AIDS Day observance on 01 December 2025, NSS volunteers conducted a health awareness session on HIV/AIDS at the Urban Primary Health Centre, Chelavur, Kozhikode. Using informative charts and posters, the volunteers made the session engaging and easy to understand for patients waiting for consultation. The programme effectively raised awareness and benefited numerous attendees, reinforcing the importance of prevention and informed action.



### **c) Display of Information**

The world AIDS day observance from 1 to 5 December 2025 was made effective by the NSS Unit of Baby Memorial College of Nursing by displaying attractive and informative charts and posters on HIV/AIDS across the BMH academic campus.



The visual exhibits highlighted modes of transmission, preventive measures, available treatment options, and the importance of eliminating stigma associated with HIV/AIDS. This initiative created an engaging learning atmosphere and effectively reinforced essential messages, encouraging students to develop informed perspectives and a compassionate attitude towards individuals living with HIV.

#### **d) Flash mob and street play**

The NSS Unit of Baby Memorial College of Nursing (BMCON) organized a vibrant street play at GVHSS Cheruvannur in collaboration with the Community Health Centre, Cheruvannur on 1.10.25. The event began with an energetic flash mob by NSS volunteers, followed by a thought-provoking street play highlighting various aspects of HIV/AIDS. The performance strongly conveyed the message of eliminating social stigma towards people living with HIV and encouraged compassion, support, and acceptance within society.



Students of GVHSS actively engaged in the programme, which concluded with an interactive discussion session to clarify their doubts. The initiative effectively combined creativity and awareness to inspire young minds.

## **12. Observance of International day of persons with disabilities 2025**

### **Donated essential daily necessities**

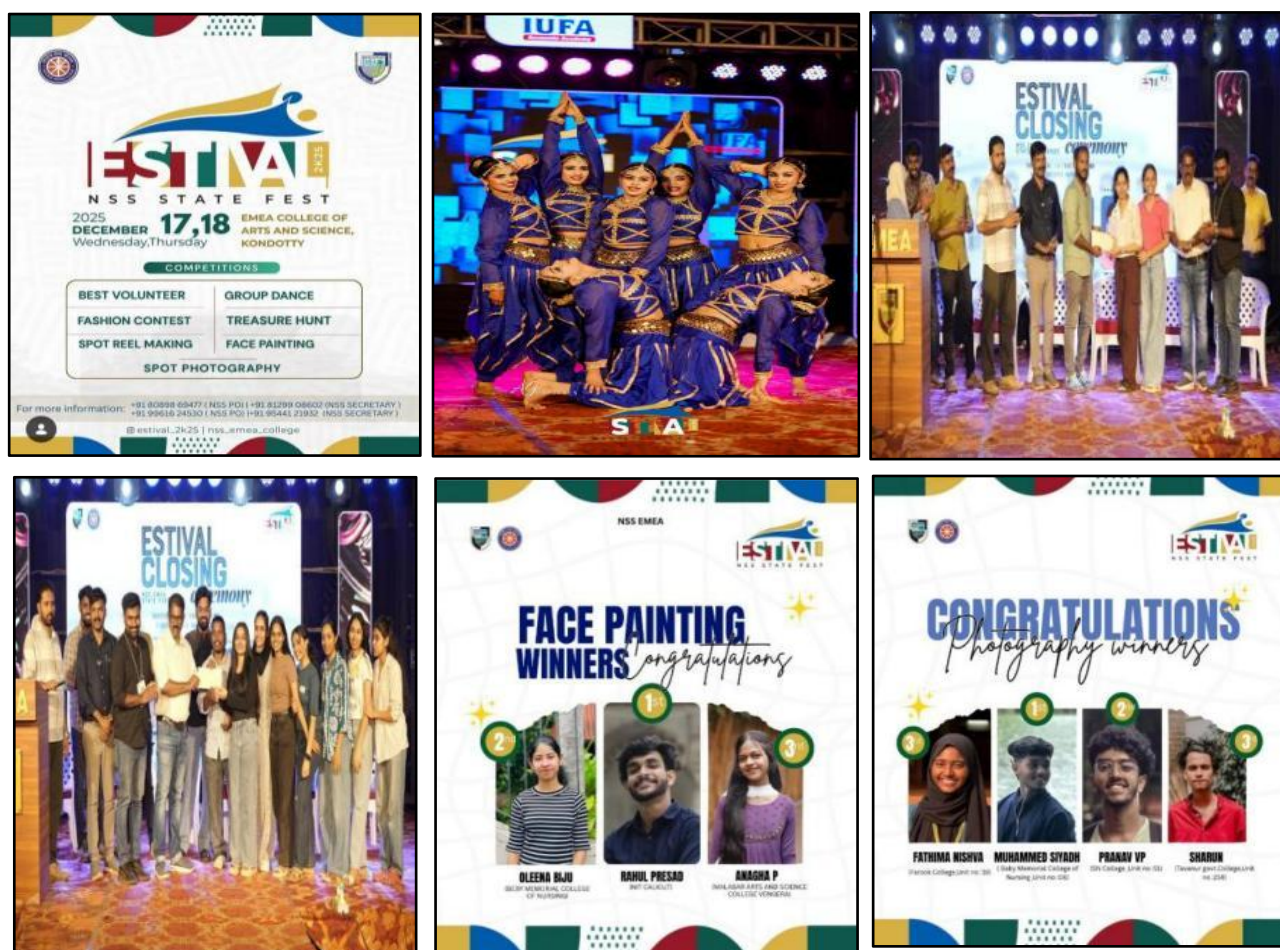
Observing the International Day of Persons with Disabilities on 03 December 2025, the NSS unit of Baby Memorial College of Nursing extended a gesture of kindness by donating essential daily necessities to the residents of Shanti Bhavan, Cheruvannur, Kozhikode.



Items such as toothpaste, toothbrushes, and soaps were distributed to support the daily needs of the residents. The initiative reflected the volunteers' commitment to empathy, inclusion, and social responsibility.

### 13. State NSS fest

The NSS State Fest “**ESTIVAL 2K25**” was held on 17 and 18 December 2025 at EMEA College of Arts and Science, Kondotty. Organized by the NSS unit of EMEA College, the fest aimed to foster talent, creativity, leadership, and teamwork among NSS volunteers from various institutions. Students from Baby Memorial College of Nursing participated enthusiastically, representing the institution with remarkable dedication and team spirit.



They competed in events including Best Volunteer, Treasure Hunt, Spot Reel Making, Spot Photography, Face Painting, and Group Dance. Bringing laurels to the college, our students secured First Prize in Spot Photography, Second Prize in Face Painting, and Second Prize in Group Dance. Their outstanding performance reflected creativity, commitment, and unity, making the institution proud.

## 14. Health screening camp

Extending healthcare services to the community, the NSS volunteers conducted a Health Screening Camp on 20 December 2025 at Beypore, Godeeswaram Beach. The initiative aimed to promote health awareness and offer basic screening services to the public.



The camp provided general health check-ups, blood pressure (BP) measurement, and GRBS testing. The volunteers actively organized and managed the screening activities, ensuring smooth conduct of the programme. The camp proved beneficial in identifying potential health concerns and enhancing awareness among the community, reflecting the true spirit of service and social responsibility.

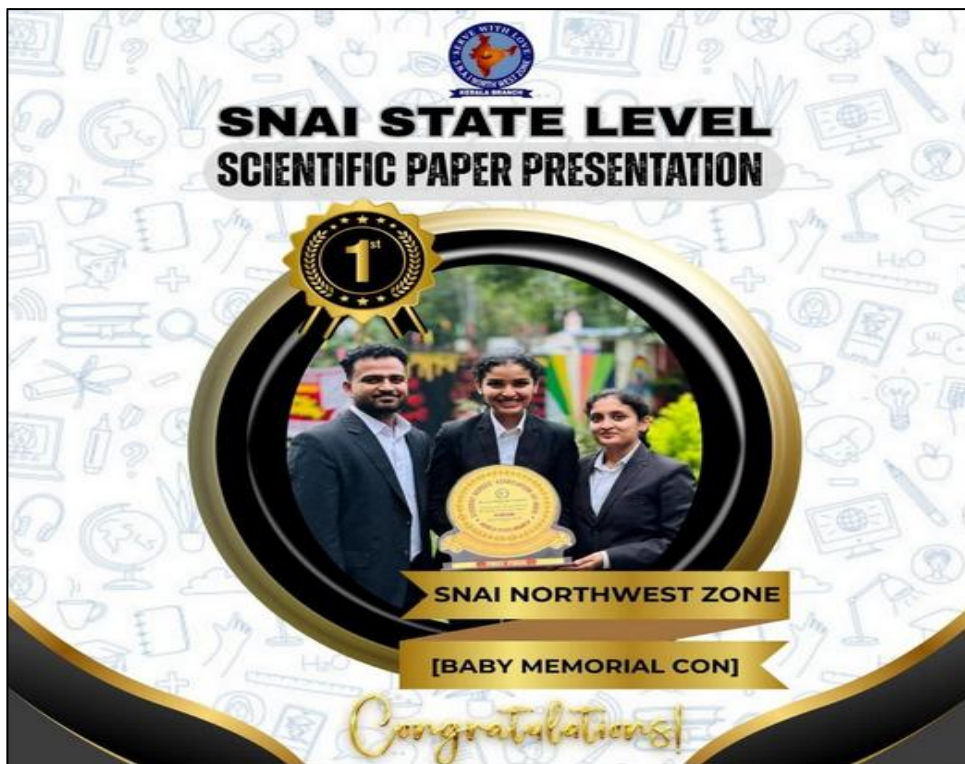
## SNA ACTIVITIES

### 1. SNA state level scientific paper presentation

The Student Nurses' Association of India (SNAI) Kerala State Level Scientific Paper Presentation was held on 21st July 2025 at Government College of Nursing, Ernakulam.



Bringing laurels to our institution, our college secured First Prize in the Scientific Paper Presentation. The winning team comprised Ms.Vilteena Lukose, Ms.Neha Viju, and Mr.George Roy, whose outstanding presentation and research excellence made this achievement possible.



## 2. SNA monthly programme 22<sup>nd</sup> batch

The SNA Monthly Programme of the 22<sup>nd</sup> batch, titled “ELNORA”, was held on 25<sup>th</sup> July 2025 in the College Auditorium. The programme commenced with a soulful prayer song followed by a warm welcome address. An enriching educational session on “Tissue Engineering” added academic value to the event. The celebration continued with vibrant cultural performances by students. The programme review was delivered by Principal Prof. Dr. Roy K George, and the event concluded with a heartfelt vote of thanks.



### 3. SNA monthly programme 21<sup>st</sup> batch

The SNA Monthly Programme of the 21<sup>st</sup> batch, “KALASMI 2.0,” was held on 26th August 2025 in the College Auditorium. The event began with a prayer song by Jewel Varghese and Miyalakshmi, setting a graceful tone for the afternoon. Muhammed Shad delivered the welcome address.

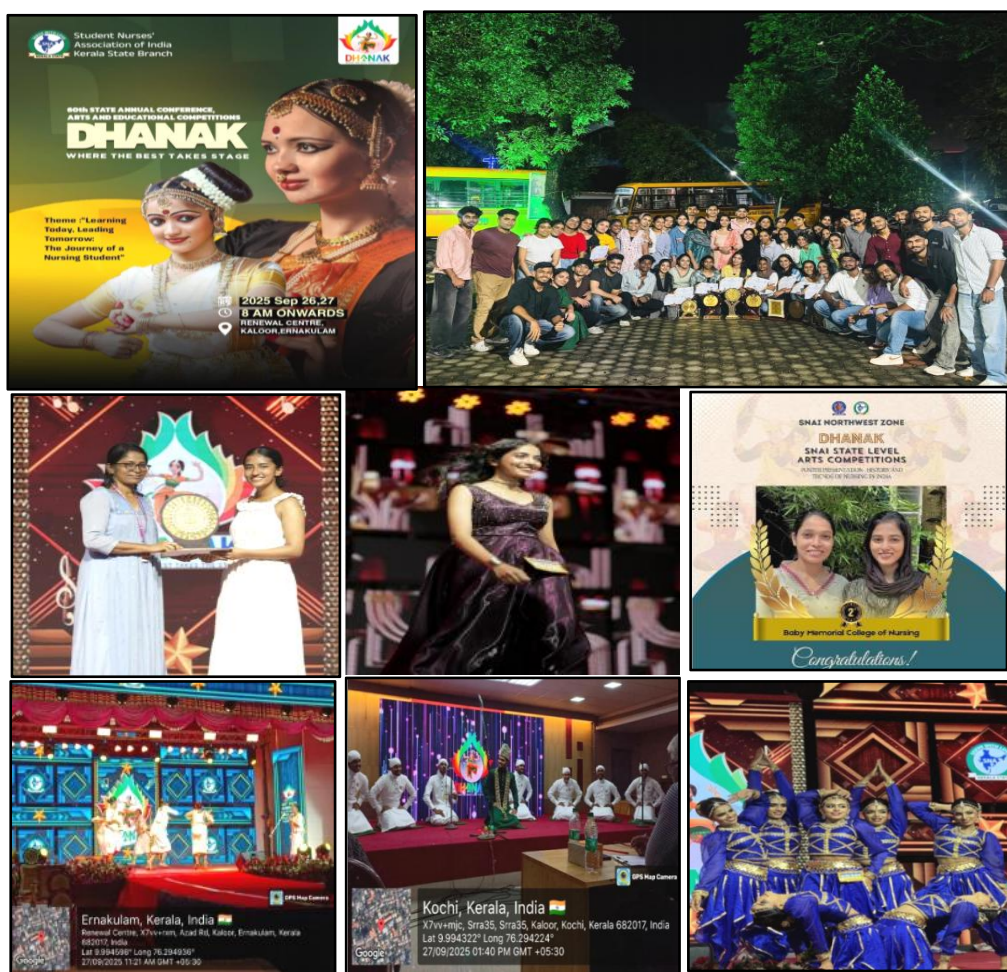


An insightful educational session on “Reimaginary Reproduction: Role of Robotics and Biochips” enriched the programme academically. The stage then came alive with vibrant cultural performances by students. The programme review was presented by Principal Prof. Dr. Roy K George, and the event concluded with a vote of thanks by Aadil Jaseem.

## 4. SNA state level arts Dhanak 2025

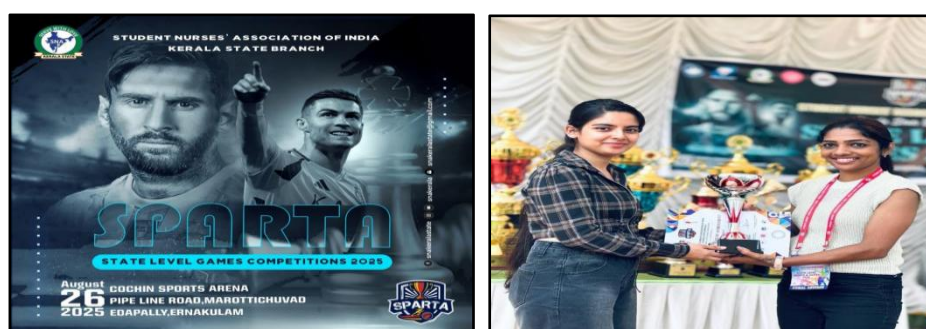
The SNA State Level Arts Competition “**DHANAK 2025**” was held on 26th and 27th September 2025 at Renewal Centre, Kaloor. Students from our college actively participated in a wide range of events including group dance, mime, skit, Vattapattu, mimicry, Margamkali, group song, personality contest (girls), English recitation, and poster presentation.

Bringing laurels to the institution, our college secured First Prize in Mime and Mimicry (Girls), Second Prize in Group Dance, Vattapattu, and Poster Presentation, and Third Prize in English Recitation and Poster Presentation, marking a vibrant and commendable achievement at the state level.



## 5. SNA state level sports 2025

### a) SNAI State Level Games “Sparta-2025”



The SNAI State Level Games “Sparta-2025” was held on 26th August 2025 at the Cochin Sports Arena, Ernakulam. Ms. Rizana Rahim of our college showcased exceptional talent in Carroms and proudly secured the **First Prize**, bringing honour and recognition to the institution.

### b) SNAI State level athletic meet 2025”

The SNAI State Level Athletic Meet was held on 13th September at the Government Medical College Synthetic Track. The event was inaugurated by Olympian Tintu Luka, inspiring young athletes with her presence. Students from our college actively participated in Relay (Girls), 100m, 200m, Long Jump, High Jump, and March Past events. Ms. Aleena Thomas brought laurels to the institution by securing Second Prize in High Jump.



## 6. SNA National level scientific paper presentation

The **31st Biennial National Conference of the Student Nurses Association of India (SNAI)** was held from 20th to 22nd November 2025 at the iconic World Peace Dome, Pune. Delegates from across the country gathered for the Executive Meeting and Council, fostering leadership, academic excellence, and professional collaboration among nursing students.





Adding pride to the occasion, students from our college participated in the Scientific Paper The winning team comprised **Ms.Vilteena Lukose, Ms.Neha Viju, and Mr.George Roy**. Their outstanding performance brought laurels to the institution and reflected the spirit of academic excellence and dedication.

## 7. SNA monthly programme 23<sup>rd</sup> batch

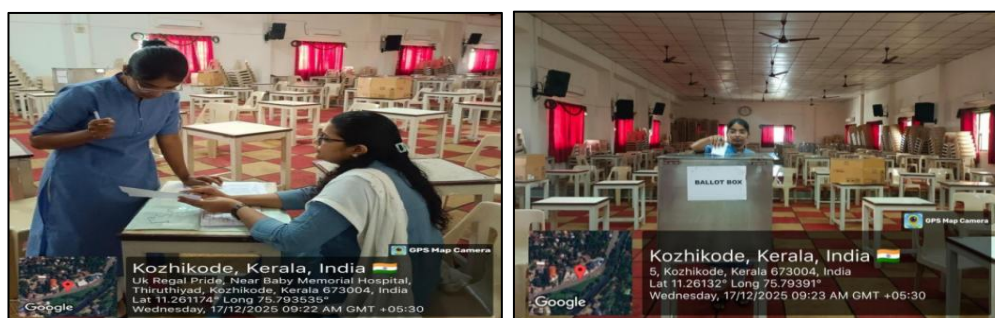
The SNA Monthly Programme of the 23<sup>rd</sup> batch, titled “**HESTIA**,” was held on 18th December 2025 in the College Auditorium. The event began with a prayer song, setting a graceful tone for the afternoon. An enlightening educational session on “*Microbiome Therapy*” added academic depth to the programme. Students also showcased their talents through vibrant cultural performances.



The programme was reviewed and appreciated by Principal Prof. Dr. Roy K. George. A token of appreciation was presented to the National-level Scientific Paper Presentation winners—Ms. Vilteena Lukose, Ms. Neha Vijju, and Mr. George Roy—along with their research guide Prof. Agnet Beena Mani and co-guide Ms. Alphy Thomas, in recognition of their remarkable achievement at the 31st Biennial National Conference of the Student Nurses Association of India (SNAI).

## 8. SNA unit election

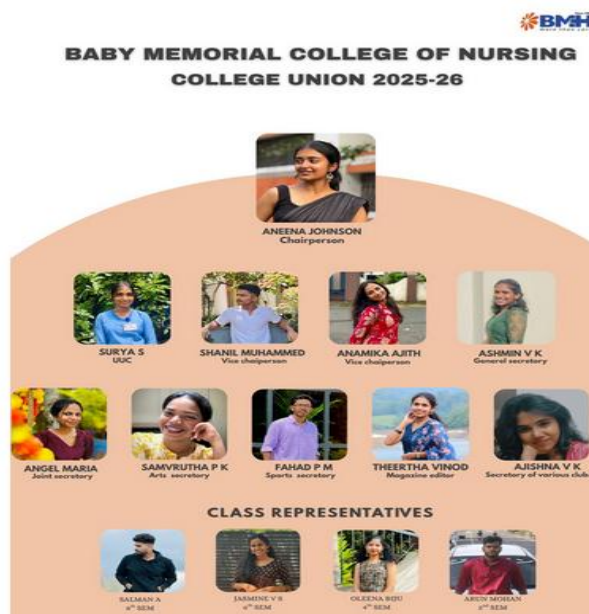
The Student Nurses Association (SNA) Unit Election for the academic year 2026–2027 was conducted on 17th December 2025 at the College Auditorium. The election was carried out in a democratic and enthusiastic spirit, reflecting the leadership qualities and unity of the students.



## COLLEGE UNION ACTIVITIES

### 1. Oath taking ceremony 2025-2026

The Oath Taking Ceremony of the newly elected Executive Members of the College Union was held on 25 July 2025 at the College Auditorium, along with the SNA executives. The oath was administered under the guidance of the Principal, Prof.( Dr.) Roy K. George.



## 2. Onam celebration 2025

On September 2nd, our campus blossomed into a vibrant celebration as Onam was observed with immense joy and enthusiasm. The festivities commenced with the traditional lighting of the lamp, followed by an inspiring message from Prof. Soya K, Vice Principal of Baby Memorial College of Nursing. A beautifully crafted *Pookkalam* at the entrance warmly welcomed everyone, reflecting the rich cultural heritage of Kerala.



Students lit up the stage with graceful *Thiruvathira*, melodious Onam songs, and lively traditional dances, while engaging games filled the air with laughter and camaraderie. The highlight of the celebration was the grand Onam Sadhya served on banana leaves, bringing everyone together in true festive spirit. The programme concluded with an energetic tug of war, symbolizing unity and teamwork. The celebration stood as a beautiful reminder of harmony, togetherness, and cultural pride.

## 3. Independence day observation

The 79th Independence Day of India was celebrated with immense pride and patriotic fervour at Baby Memorial College of Nursing on 15th August 2025.



The National Flag was hoisted at 9:00 am by the respected Vice Principal, Prof. Soya Kattil, in the presence of faculty members and students. The campus resonated with unity and national pride as everyone joined in singing the National Anthem.

The celebration concluded with the distribution of sweets, symbolizing the joy and spirit of freedom, making the occasion both meaningful and memorable.

#### 4. KUHS zonal level arts - Ranthal 2025

The KUHS North Zone Kalotsavam 2025 was held from October 15 to 18, 2025, at Government Medical College, Manjeri, under Kerala University of Health Sciences for the academic year 2024–2025.

Students from our college participated in various cultural and literary events. Our college secured first prize in Mimicry (Girls); second prize in Essay Writing (Malayalam), Monoact, Skit, and Mime; and third prize in Vattappattu.



Their achievements brought great pride to the institution, reflecting their dedication, creativity, and team spirit.

## 5. KUHS D-zone kho kho women championship 2025-26

The Kerala University of Health Sciences D-Zone Women's Kho-Kho Championship 2025–26 was held on 6th and 7th November 2025 at Calicut Medical College Ground, hosted by JDT Islam College of Pharmacy.



Baby Memorial College of Nursing actively participated in the tournament, displaying excellent team spirit, coordination, and enthusiasm. In the match against Malabar Medical College (MMC), our team scored 4 points through consistent effort and teamwork.

## 6. KUHS D-zone men's volleyball tournament

The Kerala University of Health Sciences D-Zone Men's Volleyball Tournament was held at KMCT Ground on 15th November 2025 and was hosted by KMCT National College of Pharmacy.



The Baby Memorial College of Nursing team performed admirably throughout the tournament. In the first match, they secured a victory against Government Homoeopathic Medical College, Kozhikode, demonstrating excellent coordination, teamwork, and sportsmanship. With this win, the team advanced to the quarter-finals. In the quarter-final match against Dr. Moopen's College,

Wayanad, the team put up a strong and determined performance but was defeated by six points. The players showed great effort and dedication throughout the tournament.

## 7. KUHS Interzone arts fest - LA PODEROSA

The KUHS Interzone Kalotsavam 2025 was held from 19th to 22nd November 2025 at Government Medical College, Kozhikode, under Kerala University of Health Sciences for the academic year 2024–2025.

Students from our college actively participated in events such as Skit, Mime, Monoact, and Malayalam Essay Writing. Our college secured third prize in Mime.

The achievements of our students brought great pride to the institution, reflecting their dedication, creativity, and team spirit.



## 8. Seminar on 'legal aspects in healthcare'

A seminar on “Legal Aspects in Health Care” was conducted at Baby Memorial College of Nursing on Saturday, 20th December 2025, at the Academy Auditorium, BMCON.



The session was led by Adv. Muhammad Ajmal (MBA, LLB, MSc – Criminal Psychologist), who spoke about legal responsibilities, patient rights, negligence, consent, and medico-legal aspects in healthcare.

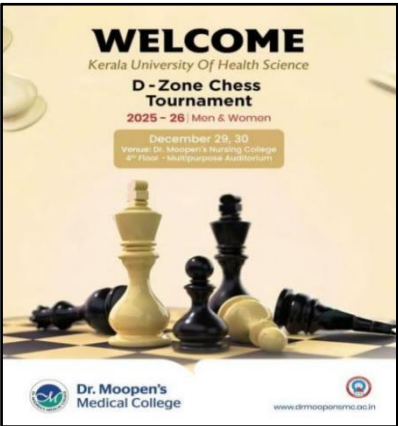
The session was interactive, and students actively participated and clarified their doubts. The seminar was highly informative and beneficial for professional nursing practice.

## 9. D-zone chess tournament (men & women)

The Kerala University of Health Sciences (KUHS) D-Zone Chess Tournament (Men & Women) for the academic year 2025–26 was held at Dr. Moopen's Nursing College, Wayanad, on 29th and 30th December 2025. Teams from various KUHS-affiliated colleges participated in the event.

Baby Memorial College of Nursing, Calicut, participated in the team event and delivered a commendable performance.

The team achieved a total rating of 1400 and was selected for the Interzonal Level Chess Competition based on their consistent performance.





**4. Baby Memorial College of Nursing Calicut (5 MP/0 Res.)**

| Bo. | Name          | Rtg | 1 | 2 | 3 | 4 | Pts | Gam. | %    | Rtg-Ø |
|-----|---------------|-----|---|---|---|---|-----|------|------|-------|
| 1   | Libin Anil    | 0   | 0 | 0 |   | 1 | 1   | 3    | 33.3 | 1400  |
| 2   | Clement Roy   | 0   | 0 | 1 |   | 1 | 2   | 3    | 66.7 | 1400  |
| 3   | Shravan E T   | 0   | 0 | 1 |   | 1 | 2   | 3    | 66.7 | 1400  |
| 4   | Deepak Das Pt | 0   | 0 | 0 |   | 0 | 0   | 3    | 0.0  | 1400  |

## ACADEMIC TOPPERS

### I YEAR M.Sc. NURSING



**NEETHU A K**

### II YEAR POST BASIC B.Sc. NURSING



**MIDHUNA RAJ K**



**DILNA NASRIN K**



**HISANA O K**

### IV SEMESTER B.Sc. NURSING



**NEHA MARIYA**



**NEENA YESUDAS**



**HAIFA MUHAMMED**



**LIYA SHERIN P**

**VII SEMESTER B.Sc. NURSING**



**ALFIYA SAMAD**



**SREENANDHANA MADHU**



**AGNUS JOSEPH**



**NIKITHA ROSE AJI**



**LAVEENAMOL OUSEPH**



**THANIYA K S**



**ANASWARA N P**



**JAHANA PARVEEN P**



**NEHA VIJU**



**ANN SUSAN ALEX**



**ASHNA SHIVAJI**

**31ST BIENNIAL NATIONAL CONFERENCE**

**📍 WORLD PEACE DOME, PUNE**

**📅 20-22ND NOVEMBER, 2025**



**BABY MEMORIAL COLLEGE OF  
NURSING, KOZHIKODE**

***CONGRATULATIONS SNA BMCON***

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# BMCON

# PULSE



## Baby Memorial College of Nursing

(A Unit of Baby Memorial Hospital Ltd.)

Kuthiravattom Post, Kozhikode- 673016, Kerala, India

Affiliated to Kerala University of Health Sciences (KUHS), Thrissur

Recognized by Indian Nursing Council, New Delhi and  
Kerala Nurses and Midwives Council, Thiruvananthapuram

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